

## Personal Development Goals

You should spend 5 minutes writing all of your Personal Development Goals on this sheet.


## Top 3 Personal Development Goals

Take your top three, one year personal development goals, add them to this sheet and write why you will absolutely achieve them within one year.

- 1.
- 2.
- 3.



## Strategic coach and Trainer

## 'Thing' Goals

You should spend 3 minutes writing all of your Materialistic Goals on this sheet.

[illegible]



## Top 3 'Thing' Goals

Take your top three, one year thing goals, add them to this sheet and write why you will absolutely achieve them within one year.

- 1.
- 2.
- 3.

## Financial Goals

You should spend 2 minutes writing all of your Financial Goals on this sheet.




## Top 3 Financial Goals

Take your top three, one year financial goals, add them to this sheet and write why you will absolutely achieve them within one year.

- 1.
- 2.
- 3.

## Analysing Your Goal

*My Goal is*

*I will know I have reached my goal when,*

*My completion date is,*

*To enable me to reach my goal, I must complete the following smaller steps,*

*The benefits I will gain from achieving this goal are,*

*The pain I will suffer if I fail to achieve this goal is*

## Steps to Achieve My goal

*My main goal is*

Small step required from previous page	Tasks required to complete this step	Completion date



*Steve George*

Strategic coach and Trainer

# **Specific Tasks in Completion Order**

# Steve George

Strategic coach and Trainer

Specific Task to be Completed	Completion date
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*Steve George*

Strategic coach and Trainer

# Brainstorming Sheet